

	9th June - 18th June - Courtlyn Fazakas											
	SAT/SUN	MON 9	TUE 10	WED 11	THURS 12	FRIDAY 13	SAT 14	SUN 15	MON 16	TUE 17	WED 18	THU 19
8:15 - 9:00	Arrival	Sculpt Pilates (Amphitheatre Yoga Deck)	Slow Paced Strength (Outdoor gym)	Express abs and glutes Pilates (Amphitheatre Yoga Deck)	Sculpt Pilates (Amphitheatre Yoga Deck)	Slow Paced Strength (Outdoor gym)	Sculpt Pilates (Amphitheatre Yoga Deck)	DAY OFF	Sculpt Pilates (Amphitheatre Yoga Deck)	Slow Paced Strength (Outdoor gym)	Express abs and glutes Pilates (Amphitheatre Yoga Deck)	Departure
9:30 - 10:00						Tone & Define Barre (Amphitheatre Yoga Deck)	Reset to Restore Pilates (Amphitheatre Yoga Deck)					
18:00 - 18:45		Tone & Define Barre (Amphitheatre Yoga Deck)	Reset to Restore Pilates (Amphitheatre Yoga Deck)	Tone & Define Barre (Amphitheatre Yoga Deck)	Reset to Restore Pilates (Amphitheatre Yoga Deck)				Tone & Define Barre (Amphitheatre Yoga Deck)	Reset to Restore Pilates (Amphitheatre Yoga Deck)		